# ALCOHOL AND DRUG COUNSELING    CERTIFICATE

## Curriculum Requirements: 31 Credits

### START HERE

### 1

| 1ST 7 Week, Fall Semester | Credits | Milestone | Completed |
|---|---|---|---|
| HUS 101 Introduction to Human Services | 3 | ⭐ | ☐ |
| PSY 101 Introduction to Psychology | 3 | ⭐ | ☐ |
| SWO 102 Wellness for Professionals | 1 | ⭐ | |
| Total Credits | 7 | | |

### Program Milestones

Program milestone courses should be taken in the term and order noted.

### 2

| 2nd 7 Week, Fall Semester | Credits | Milestone | Completed |
|---|---|---|---|
| PSY 230 Abnormal Psychology | 3 | ⭐ | ☐ |
| SWO 111 Case Management | 3 | | ☐ |
| Total Credits | 6 | | |

### 3

| 1ST 7 Week, Spring Semester | Credits | Milestone | Completed |
|---|---|---|---|
| PSY 232 Introduction to Counseling | 3 | | ☐ |
| PSY 228 Addiction and Substance Abuse | 3 | ⭐ | ☐ |
| Total Credits | 6 | | |

### 4

| 2nd 7 Week, Spring Semester | Credits | Milestone | Completed |
|---|---|---|---|
| PSY 234 Trauma and Recovery | 3 | | ☐ |
| PSY 244 Psychosocial Rehabilitation | 3 | | ☐ |
| Total Credits | 6 | | |

### 5

| 1ST 7 Week, Summer Semester | Credits | Milestone | Completed |
|---|---|---|---|
| SWO 112 Crisis Intervention | 3 | | ☐ |
| SWO 201 Alcohol and Drug Counselor Overview | 3 | ⭐ | ☐ |
| Total Credits | 6 | | |

## YOU'VE FINISHED!

## General Advising Notes

- Consider returning to YCCC to complete your Behavioral Health Studies degree, all of the courses you've already taken can be used to fulfill degree requirements.

- Upon completion of the certificate, apply to take the CADC examination through the State of Maine through this link: https://www.maine.gov/pfr/professionallicensing/professions/adc/licensing

- This certificate is designed to be completed in one year.

**Program Description:**
Upon completion of the Alcohol and Drug Counselor certification program students will be prepared to work in the field of substance use disorder treatment.  Areas of study include: models of addiction, chemical dependency, substance abuse counseling, trauma, crisis intervention and case management. Graduates of the certificate degree will be eligible to apply to take the Certified Alcohol and Drug Counselor exam offered by the State of Maine Board of Alcohol and Drug Counseling. The certificate coursework also aligns with the requirements for the Behavioral Health Studies Associates degree offered at YCCC for students who wish to continue their education.

**Program Learning Outcomes:**  Students who successfully complete the Alcohol and Drug Counselor Certificate will be able to:

- Evaluate the various treatment modalities and program interventions used as best practices in the field of drug and alcohol counseling, including the skills and competencies required of the treatment professional.

- Analyze the major components of an effective drug and alcohol prevention program.

- Identify the appropriate classifications of drugs of abuse reflecting the major physiological and behavioral effects.

- Utilize assessment instruments and be able to complete a bio-psychosocial assessment and a treatment plan.

- Develop awareness of attitudes and biases that may impact personal effectiveness as a counselor and identify self-care tools and coping mechanisms.

**Career Opportunities:**  Graduates of the Alcohol and Drug Counselor Certificate program will be eligible for entry level positions in a variety of settings including hospitals, both in-patient and out-patient substance use disorder programs, schools, human service agencies, and residential treatment facilities.  Specific jobs may include, but are not limited to; case manager, crisis intervention specialist, substance use disorder counselor, community organizer, residential behavioral health technician and care coordinator.  Graduates may work with a wide variety of clients including both adolescents and adults of all ages.

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